

## Tara McManaway and Associates Massage Therapy Continuing Education 2016

Communicable Diseases and Implications for the Practice of Massage- 3 hour workshop \$60.00

Presented by Tara McManaway, M.Div., CAGS, LMT (M01632)

## What? I have to take this again!

In this updated and relevant workshop, participants will explore issues relevant to the CE requirements of working with immune suppressed clients such as those diagnosed with HIV or AIDS as well as broadening the scope to look at the rapidly emergent communicable infections such as MRSA, Tuberculosis, Staphylococcus aureus and others.

While you are more likely to be infected by everyday flu and colds, knowledge of standard precautions, scope of practice, massage research related to treatment will go a long way toward effective prevention and supportive care of both the therapist and the client.

This course will review universal precautions, Maryland law concerning the practice of massage with this client population and offer treatment suggestions within the scope of practice of massage therapy.

## **Course Objectives:**

- 1. Understand the indications and contraindications concerning massage practice with clients who are HIV positive.
- 2. Identify massage techniques that are <u>effective</u> in the management of clients with <u>HIV</u> and <u>other communicable</u> diseases.
- 3. Demonstrate universal precautions and its application to practice in massage therapy.



Take your professional responsibilities seriously.

Improve your professional recordkeeping
assessment and treatment skills with

Communicable Diseases and Implications for
the Practice of Massage.

## **Outline**

Introductions and Overview

What is a communicable disease? How is it transmitted?

What is your status? What is the <u>law</u>?

How does this apply to Massage Therapists and Practitioners?

How to be prepared- Standard Precautions Clean up kits Practice with gloving, gowning, masking Massage with gloves

Practical matters-Recordkeeping
Treatment options
Uniforms, sheets, oils and onsite massages
Discussion and wrap up